

WHAT IS YOUR VISION?



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Planning Guide

What is Your Vision?

Creating Your Personal Plan

A personal vision is a broad, meaningful picture of the life you want to live—spiritually, relationally and practically. It gives direction and purpose, guiding your goals and daily actions.

Structure Your Vision

Start with key life areas such as:

- Spiritual growth
- Meaningful relationships
- Talents and calling
- Family, church, career, and society

Align with God

Make time for God in your vision. The Bible speaks about using our time, talents, and money wisely. Staying aligned with Him helps keep your vision grounded and purposeful.

From Vision to Action

Consider the following when crafting each of the following items:

- Your vision should be both broad and long-term.
- Goals should be SMART (Specific, Measurable, Achievable, Relevant, Time-bound).
- A plan includes detailed steps to reach your goals.
- To-do's are daily, specific actions.

Include Others

Your vision should consider your role and impact in:

- Family
- Church
- Community
- The world

Practical Questions to Ask

- Where/how do I want to live? (city, town, apartment, farm)
- What kind of work do I want? What should it look/feel like?
- How do I want my family life to look? (marriage, kids, pets)
- What are my financial priorities? (travel, house, hobbies, etc.)

Take Action

Write your vision down. Share it with someone you trust. Keep it updated as life grows and changes.

Examples

In the next two pages, we'll walk you through some examples.

Example #1 | Katie, 20 Years Old



10 Years

In the next 10 years I will . . .

- Graduate from college.
- Work at a job I love.
- Find someone to marry.

10 Months

To reach these goals, in the next 10 months I will . . .

- Complete six college classes and secure an internship.
- Work with a coach to plan my career direction.
- Travel to three young adult events to make new friends.

10 Days

In the next 10 days I will . . .

- Search for internships online and on my college's website.
- Take a career options test to determine areas of interest.
- Put together a budget so I can afford my travel plans.

10 Hours

In the next 10 hours I will . . .

- Finish my current assignments in the class I'm taking.
- Schedule an initial meeting with a career coach.
- Research costs to attend each young adult event.

10 Minutes

Some actions I could take the next time I have 10 minutes are . . .

- Review my notes from class.
- Ask a friend what they like about their job.
- Check the young adult events calendar for updates.

Example #1 | Joe, 27 Years Old

10 Years

In the next 10 years I will . . .

- Get married to my girlfriend.
- Buy a house.
- Have two children.

10 Months

To reach these goals, in the next 10 months I will . . .

- Ask for godly council about marriage.
- Begin saving money for a home.
- Volunteer at UYC to develop more childcare skills.

10 Days

In the next 10 days I will . . .

- Begin studying godly principles of marriage.
- Ask older friends how they saved for a home.
- Listen to others' wisdom from raising their own children.

10 Hours

In the next 10 hours I will . . .

- Set aside time for meaningful conversation.
- Investigate ways I can reduce spending to save money.
- Apply for camp.

10 Minutes

Some actions I could take the next time I have 10 minutes are . . .

- Set down the phone to focus on my conversations.
- Asking "do I really need this?" before buying something.
- Using my skills to help someone else.

10-Year Plan

What will you accomplish in the next 10 years?

Spiritual Growth | Meaningful Relationships | Making the Most of Your Talents

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10-Month Plan

How will you make progress in the next 10 months?

Month 1:



Month 2:



Month 3:



Month 4:



Month 5:



Month 6:



Month 7:



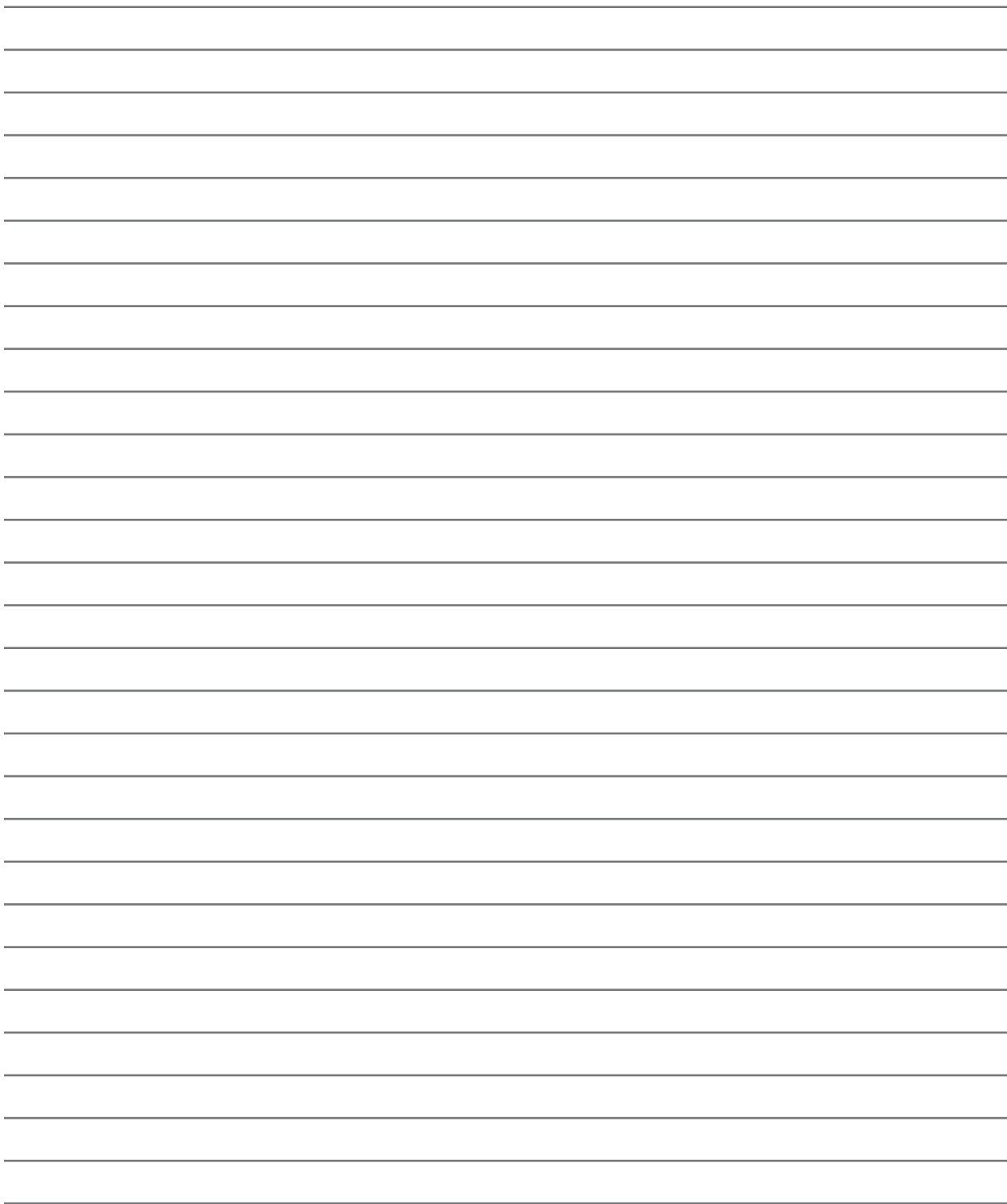
Month 8:



Month 9:



Month 10:



10-Day Plan

How does this week . . . and beyond fit into the plan?

Day 1

Set priorities and ensure they align with godly principles.

Day 2

Begin your journey by completing daily goals.

Day 3

Assess how the first day went; how can you optimize?

Day 4

Challenge yourself to improve performance.

Day 5

Check in with accountability buddies/wise counsel.

Day 6

Notice the benefits of consistency in a habit.

Day 7

Remember to schedule appropriate time to rest.

Day 8

Extend support to others who are pursuing their goals.

Day 9

Give yourself a push to finish items on time.

Day 10

Reflect on your progress and set goals for the next 10 days!



10-Hour Plan

What will you accomplish today?

Use the following questions to help you optimize how you use your time during the day. Use the next page to create a daily schedule, plan specific tasks you'd like to accomplish when you have a multi-hour block of time, or write your thoughts about the process.



When will you make time to pray today?



When will you study your Bible today?



Who will you call/text/talk with today?



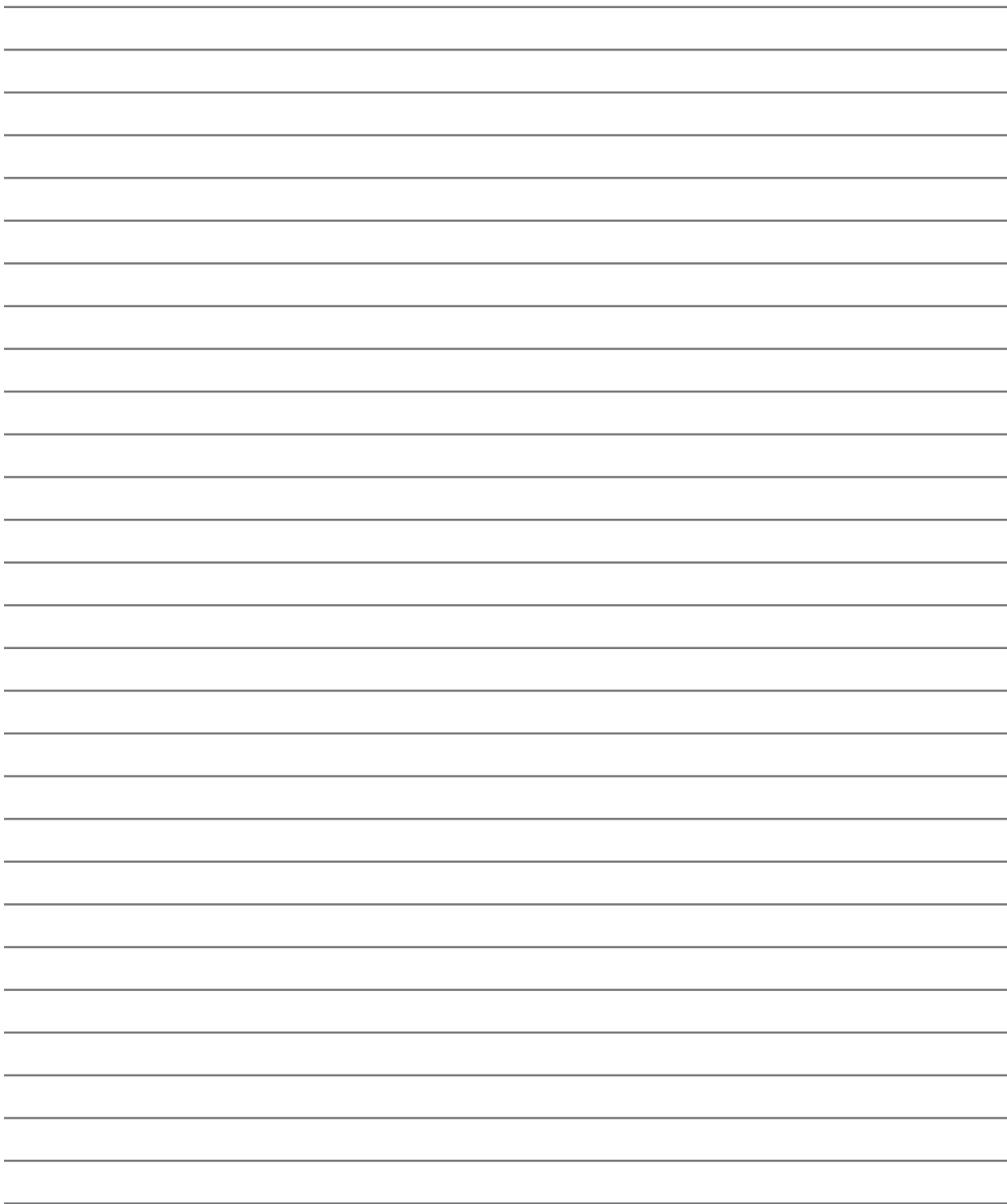
How will you build one or more of your relationships today?



How will you serve others today?



What will you do to develop one of your skills/talents today?



10-Minute Plan

What can you do with the next 10 minutes?

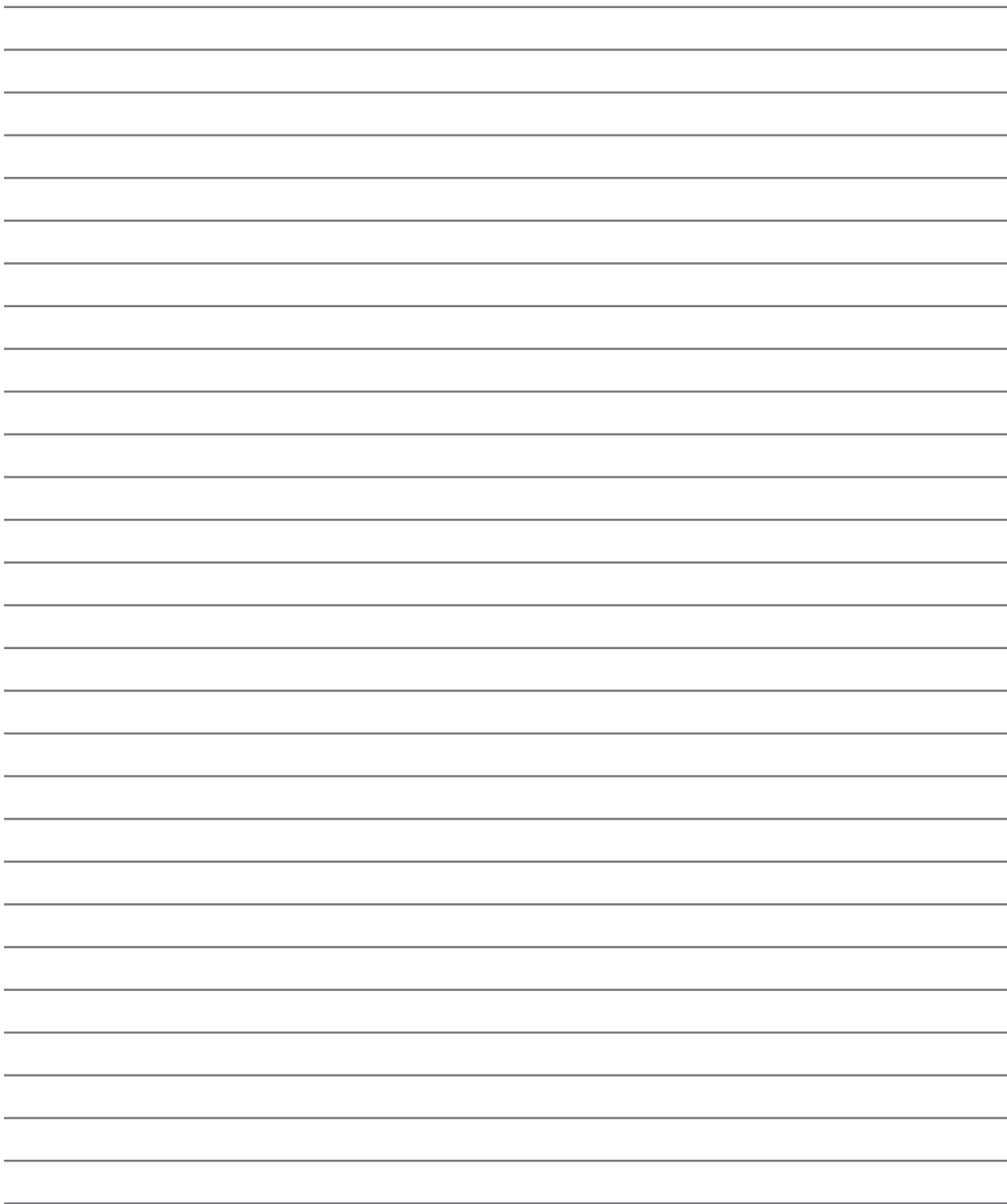
Take a moment to brainstorm some tasks and healthy habits that only take about 10 minutes to complete. Circle or highlight some that will help you achieve your goals. Try adding some more of your own on the next page!

- | | | |
|--------------------------|--------------------------|---|
| Read a Bible chapter. | Review your study notes. | Make a shopping list. |
| Take a stretch break. | Step outside. | Spend time in prayer |
| Complete a simple chore. | Help a friend. | Add a creative touch. |
| Talk with a coworker. | Silence your phone. | Talk with your neighbor. |
| Respond to a text/email. | Research a topic. | Find an amusing reel and send it to a friend. |
| Clean your workspace. | Schedule an appointment. | Take time to journal. |
| Practice a skill. | Play with your pet. | |

Now take a moment to think about what to **avoid** in the next 10 minutes when you're trying to focus on your goals. Here's a few ideas to get you started.

In the next 10 minutes I will **not** . . .

- | | |
|--------------------------------------|--|
| . . . drink a second beer. | . . . make excuses to sleep in late. |
| . . . doomscroll. | . . . "Add to cart." |
| . . . continue a pointless argument. | . . . cut corners to finish earlier. |
| . . . start the next episode. | . . . run from a difficult conversation. |



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